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**Evergreen Builders-Empower your Vision**

**The Real World of Introverts**

**The Existential Angst of my Dreams**

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# EVERGREEN BUILDERS-EMPOWER YOUR VISION

With the petrol and diesel price experiencing a petrifying upsurge across India after the surging of International crude oil rates and extremely high taxes levied on fuel, the emergence of Electric Bikes seems the most sought-after solution. The Society of Automotive Engineers, having foreseen the future prospects of E-bikes in India, announced the National level competition for E-Bike design and development where hundreds of teams from various engineering colleges across India were to participate. The process and journey were not so easy.

Our team, Evergreen Builders, under the guidance of Dr. Karthick Jayaram, Associate Professor from Dr. Mahalingam College of Engineering and Technology, became the first ever team to participate in the SAE E-bike competition. Emboldening our spirits with ardent commitment to innovation and clinging onto the vision of improving the quality of life through sustainable mobility, we delved deep into getting our hands dirty with the designing and calculations of the vehicle after a design review. It was then the unprecedented situation of the Covid-19 pandemic started jeopardizing the mere existence of mankind. The entire world sunk deep into isolation with lockdowns being announced. The normal lives of people and proper functioning of various organizations were shattered immensely. SAE was no exception.

The teams were suddenly thrown off guard and the preparation processes were disrupted. "When something is important enough, you do it even if the odds are not in your favor", the words of Elon Musk hold true under this situation. The pandemic did not dishearten our spirits, rather reinforced us to strive harder towards our vision. Since physical contacts, frequent meetings to discuss the real-time development of the vehicle could be endangering our lives owing to the pandemic condition, we were required to develop virtual designs, reports and calculations of the E-bike such that the fabrication of the actual E-bike becomes easy. We endeavored harder to manifest our innovative ideas and goals through analysis, design and calculations and came up with most satisfying reports for the event. The entire competition, being held virtually, bestowed upon us an all-new experience and knowledge and better exposure. After months of hard work and perseverance, we awaited the results of the E-bike competition.

"A dream does not become reality through magic;  
It takes sweat, determination and hard work."

Our vision of improving the quality of life through sustainable mobility became a reality when our team, The Evergreen Builders, proudly bagged the second prize in this National level competition. This feat, being our first accomplishment it strongly instilled in us the belief that Hard Work Never Fails.

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**Captain – Evergreen  
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# EVERGREEN BUILDERS-EMPOWER YOUR VISION

Although the result of winning a second prize seems highly motivating, the process helped us build a stronger version of ourselves. We were determined to get through all the obstacles and work harder to achieve our passion. Being a part of such competitive events not only widened the horizons of knowledge but also helped us innovate for the future of India.

The team has given its best under the guidance of Dr. Karthick Jayaram, Associate Professor, Department of Automobile Engineering. The team consisted of 10 members.



The infographic features the SAE INDIA Southern Section logo on the left and the MCOET logo on the right. The title "ELECTRIC TWO WHEELER DESIGN COMPETITION - 2020" is in a black banner, with "EVERGREEN BUILDERS" below it. A quote "Charge your dreams..." is written in a cursive font. On the left, a red and white motorcycle is shown. Two bullet points state: "Secured all India level 2<sup>nd</sup> position in SAE electric two wheeler design competition 2020" and "100+ teams across India Participated." On the right, a network diagram connects ten team members to their respective roles: Sudhakar's/C Analysts, Sathya Sreeja Suspension, Sakshana Pralamb Electrical, Rajni Style Parts, Jorindra Analysts, Irita Innovation, Varun Kumar Design, Rajesh Kumar Design, and Guru Pravath Brake.

I would like to congratulate the whole team and I am privileged to have led an enthusiastic team which has converted all the hard work and learning into a fruitful outcome. I put forth my heartfelt thanks to Dr.C.Ramaswamy, Secretary, NIA Educational institutions, Dr. A. Rathinavelu, Principal and all the Heads of the Departments and Staff members for supporting us at every level in this beautiful journey of 15 months.

Last but not the least, participating in this event has helped us learn and develop professional and personal skills in several ways. I along with my team consider this victory as the first stepping stone of our career, we look forward to many more such achievements.





# THE REAL WORLD OF INTROVERTS

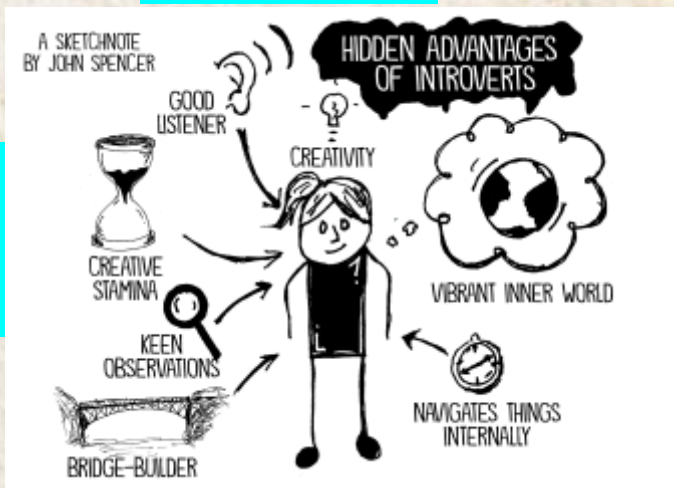


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Have you ever encountered a person who looks dull or a often little weird but later realized that he or she is an introvert? Don't we all agree that this lockdown proves to be of great merit to introverted people? Who are these introverts and what attributes them to be tagged so?

Introverts are people with the qualities of a personality type known as introversion. This is not a personality defect although this was how it was perceived in the past. Introverts tend to live their life and enjoy the world all by themselves.

They usually feel comfortable when they are not surrounded by people but they are not anti-social. They choose to enjoy their time in seclusion. Before making friends, they would like to get to know the person thoroughly. Though it hardly ever happens, mostly an extrovert finds them, likes them, and adopts them. Other people often think that the principles of introverts and their way of living to be rude. It's not true. Introverts live with a group of selected few people who they feel close to. They are not attention seekers so they avoid the spotlight always. They feel beaten after a social gathering as it drains their energy.



There are four types of introverts.

## 1. SOCIAL INTROVERTS:

Social introverts are often mistaken as the shy ones in social settings but they are people who choose to stay at home and hang out with few best buddies. These introverts do not feel anxious when people are around them.



## 2. THINKING INTROVERTS:

These introverts are people who always travel in their train of thought. They are very introspective and imagine a lot. They reflect on everything that they have done.

## 3. ANXIOUS INTROVERTS:

Anxious introverts try their best to avoid the crowd by purposely isolating themselves. They do not have many social skills so they do not dare to stay around people. Even when they are alone, they get anxious thinking about what they have done wrong.

## 4. RESTRAINED INTROVERTS:

This type of introvert prefers to shy away from spontaneous circumstances and is very careful in decision-making as they take a lot of time to gather their thoughts and speak up.



**So, is this all about introverts? No. It's a big No. Introverts are gifted in many ways.**

- Introverts are good observers than extroverts.
- They usually take more time to decide by not jumping to conclusions. So, they are good decision-makers.
- They are drawn to jobs that don't interfere with their independence. Many writers are introverts.
- Introverts have a Universe of their own in their minds. So, they tend to be very creative. The real brains behind many inventions are introverts.
- Introverts are the ones who cheer up extroverts when they are hurt in their relationships.
- Introverts are some of the most ingenious. For example, Albert Einstein, Elon Musk, Sir Isaac Newton, J.K. Rowling, Emma Watson, Mark Zuckerberg, and many more.

### How different would the Earth be if there were only introverts?

Well, an extrovert would say that it would be like hell on Earth. But there would be no extroverts, it makes every single inhabitant an introvert. Now if every person is an introvert it makes every living person normal because there is nothing to compare with.

Here are a few of the things that might have happened:

- ❖ There would be no reason for introverts to feel left alone or ignored. After School or college life, introverts are the first ones to be forgotten among the batch as they were less socialized. Inferiority complex would be found nowhere among them and equality arises. Thereby no one will consider them as misfits of any sort.
- ❖ The number of parties and social gatherings would decrease drastically. So, would the attention-seeking status updates and selfies be uploaded on social media?
- ❖ Hereby interpersonal interaction would take on a whole new perspective. There would be less adulation and more meaningful conversations. Since introverts find it hard to communicate in person, they might tend to text more often and so occasional apps like Facebook might not become obsolete after all.
- ❖ There would probably be no paramount ones, as no one would be the dominant of any group if ever there would be any group activity. Jokes cracked would be fewer too, as people would take longer in opening up to each other.



## THE REAL WORLD OF INTROVERTS

- ❖ People would have compact friend circles and hence closer friends. Probably the friendship would be rather more valued that way.
- ❖ As approaching a stranger would be challenging, people might live all their lives with their feelings bottled up. Would that increase the number of arranged marriages? Well, probably yes.
- ❖ I keep picturing the scene of two people sitting by a fire side, each reading a book or staring at the fire with racing thoughts, talking in the slightest degree with a smile. It sounds very crazy. This world is already sounding great.



### Do every people fall under either introvert or extrovert personality types?

Notably, some people have personality types in between that of an introvert and an extrovert. Such people are known to be ambiverts. One might argue that this segregation of people is unnecessary. One should know that the segregation of personalities is done to help people to understand themselves and realize that it's okay to be real and different. Great authors and psychologists aren't half-witted to write about personality development. This is just to help people to identify their areas of opportunities and that is excellent.



Dear introverts, do not agonize over the accusations people put on you.

Your Silence is your Power and  
Your personality is your Style.



# The Existential Angst of My Dreams

We all are dreamers. Do you remember your dreams or do you try to understand them when they just don't make any sense? Some people dream intensely and they could remember all the details while others think they didn't dream or forget them in the morning. But everyone would dream someday or the other.

I have always dreamt, for as long as I can remember. I have been flying and floating in rooms of people, observing others from the heights above; I have been up to my knees in a sinking sand, frightened of moving in case I sank deep below; I have been chased by people firing arrows and bloodied axes in their hands; talked to strange spirit like people and found my name on books piled high in a cave. Dreams can be disturbing, intriguing or forgotten and yet we all dream, even those who say they don't dream.

A decade ago, my conviction about dream was owning a big house with windows, wooden table with chairs, Cinderella dress, chocolates, jewellery, a separate room, so that I could be alone because I always wanted to be on my own. Sounds nostalgic right? And all of a sudden one day later, in that solitude I realized that I could have more significant and expensive dream. And I said to me, you have many things to explore. As Conrad says "we live as we dream –Alone." While dream disappears, the life continues painfully. But always I felt a slight sense of apprehension to live as I dream and what I dream now is to have a significant life that convinces me to embrace the idea of life and death without disparity.

At times, I experience a kind of depression that can be named as existential anxiety, it may sound weird but I consider it as the consummate ability which is gifted to me. Like me, many of us are likely to experience the angst of dreams. The pessimist in me, may think it is a threat of loss of existence but the optimist in me uses it as a driving force to accomplish my dreams. Ironically, the realist in me takes lead and work for it.

I always visualize the possibilities of how things might be from now. However, I'm simultaneously able to see that the world is falling short of how it should be. Because they are intense, I feel keenly the disappointment and frustration which occurs when dreams don't realise. It helps everyone to spot the inconsistencies, arbitrariness and absurdities in society and to work for ourselves no to fulfil others, so that we can live as we dream.

I always believe that passionate people carry dream along with them and every successful story that I admire always started with a dream. Many may think, what is so special in having a constant determination towards a dream, according to



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## The Existential Angst of my Dreams

me if we visualise the dream, it belongs to us, we are the source and we are the one who can make it into reality. Limiting the idea of dreams is like a hurdle to fulfill one's dream.

Dreams aren't something that interpretation can be attributed to, or meaning constructed from a book or where an analyst provides the prescriptive answers to the dreamer on the associated meaning. The dream offers an opportunity for the dreamer to illuminate by showing its potential and limitations if the dreamer is willing to explore in detail.

As Langston Hughes, correctly said "Holdfast to dreams; for if dreams die, Life is like a broken winged bird that cannot fly."

Losing our dream to live a life is like a bird that is unable to soar high and achieve flight, something essential to bird's happiness. These lines strike my mind like a call to cling on to my dreams of life, more like a warning to hold upon my dream.

What happens when working upon our dreams fails? Their loss brings pain, incapacity and emptiness, and therefore achieving them is a vital source of pleasure, strength and sustenance. The dreams here I mean to uphold is a meaningful hope not any other semi-random nocturnal visions.

Not for some but for all of us, we have dreams of our choice and we love ourselves for it and I love the one that has moulded me to become what I am today!



IF YOU CAN  
**DREAM** IT,  
YOU CAN  
**DO** IT.

-WALT DISNEY





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**BREAK THE  
MONOTONY**

Slacked back to your chair and contemplating how your future is going to be? ...wake up girls!! History was never made by laggards. History made needn't always be massive, anything that breaks your usual cycle makes history. A woman, not knowing her worth is treacherous not only to herself but also to the society. Being not able to do anything is different from doing nothing. The latter always brings guilt that stabs like a dagger as we will be the ones who are solely responsible for our losses. Never spending time on trivial things and ensuring to invest the same on crucial things will make history that goes down in books.

Sounds boring? Yes, it does, before I reveal what those crucial things are. Important things in one's life needn't always be related to scholastics. They can be anything that makes you feel happy and keeps you lively, and they should be considered 'the' important even if it is as simple as vibing solitarily. Very basic happiness is denied to girls in the name of tradition, culture and good old practices. These basic needs ensure to build a stronger individual with a sound mind.

Basic needs for stronger minds begin from simple things like choosing what to wear by herself instead of pleasing this stereotypical society. The society which is the third form of our relationship level needn't play such a vital role in our lives. You just thought me to be a FEMINIST. Didn't you? To begin with, there is nothing wrong in being a feminist but that's such a strong term to be used for a novice like me. Our generation lost the real meaning of 'what feminism is'. Feminism means all genders have equal rights and opportunities, in political term, in short, it is 'equality irrespective of gender'.

This has led to many misconceptions in younger adults and made late teen girls think that anything a guy does is licit for them too, forgetting the laws of nature and basic etiquette. Instead of using equality as a term, EQUITY might suit the best. Equity means being impartial and fair considering the difference between the two individuals. Gone are those days when only men were allowed to step out of the houses, allowed to get educated and earn whereas women were meant for household tasks.



# She who is Brave is FREE!



Westernisation has made a very large impact on our Asian countries, is it a bane? Yes, we are losing our originality of who we truly are. Knowing the difference between what all is legal and what all is right might be the very first step towards stronger individualism. We women are far more than what the society imagines us to be. We are given comfort as bait to give up the dreams of who we really want to become. Women who gave up their consolation during hardships paved a way to greatness. Today we can see women working not only by stepping out of their home, their comfort zones but also moving to new cities, countries and also stepping out of the world.

Years elapsed and today no profession is denied to women, it is solely us, who decide who we want to be. Economic independency is a vital aspect of women equality that helps her out from being confined to limited opportunities. Equality will not always be offered, once lost in the hands

of other it takes courage to bring back the needful. Use it well!

Kind heart, fierce mind and brave spirit are a robust combination, with this we will be the supreme person in our lives. From time to time we are tested, not to show our weakness but to know our strengths. We become stronger from limitless defiance that when challenges cross our way we can look into its eye and give it a WINK! Fortune favours the BRAVE.

Get up girl... roll up your sleeves and get into work, you will be unstoppable. Let us all catch up in future, in 'The Books of Success'! Fly until you touch the sky.

**NO GUTS, NO STORY!**





# HAPPINESS AT ALL TIME OR AT NO TIME

Hello readers!!! Let me rewind your happiness at different ages.

H@1: Crying and yawning the whole day and night, showing Who's the "King and Queen" of the house.

H@2: Wetting ourselves just the next second Mom changed our clothes. Then when she makes her eyes wider, happily rolling tongue in innocence.

H@3: Tiny little feet in ambulation, when Grandpa is our ambulance and Grandma is our guard.

H@5: New school, Polishing shoes every minute. Braided hair and white socks, Tiny new uniform and yelling "A for APPLE, B for BALL, C for CAT and D for DOG, no no no D for DONKEYYYYY!"

H@7: Again yelling "GOOD MORNINGGGG TEACHERRRR" with hehe-haha was the everyday candy dose. Every ceremony would be incomplete without our show of popular moral story "THE THIRSTY CROW" but these days Crow don't fill the pot with stones but brought couple of straws and drank the water.

H@10: The curiosity questionnaire: What? Why? When? Where? How? and that moment when we ask some adult question and Mom always bribes with a candy or sometimes with a gentle punch too.

H@15: Being the seniors of secondary school education where the feeling of anxiety starts due to public exams. Just being motivated to score marks to make yourself and your family proud.

H@17: During the dreams of enrolling into IIT and AIIMS, when Mom comes with juices and salads saying "STUDY WELL DEAR" and Dad telling "DON'T WASTE TIME DEAR".

H@20: Finally pursuing an UG degree in a college you wish. Enjoying college life with your friends as many other thoughts running through your mind.

H@23: Tension for Masters and Job start bouncing in our minds and somehow find a path of life and just move on with career besides personal life. Now, again the new drama starts...

Now I have a question for you. Did you ever smile or giggle at least once while reading through the above passage? If yes, the motive of myself writing this article is fulfilled.



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# Happiness at All Time or at No Time

Because somewhere down the lane, we forgot to live the present and forgot to smile. Just rewind your childhood and check how many times you smiled (burst out with laughter) per day and think of today.

Happiness can't be bought from shopping malls or markets. If it was an Oil crisis or Global warming, that won't be a problem, but it is World War 3 on Happy land.



We are creations of God and our own Planet. Ameliorate your homes and society with pearls of jolliness, Rubies of merriness, and Sapphires of cheerfulness.

Inspite of handling the toughest time ever across the Globe, lets spread happiness and positivity throughout. Even the study says, happiness lowers your risk of cardiovascular disease, lowers your blood pressure, enables better sleep and improves your diet intake. It also helps to maintain a normal body weight through regular exercise and reduces stress.

Happiness is a choice and soon will become a "life goal" of the human race. "IT'S FOR FREE AND ONLY MULTIPLIES WHEN DISTRIBUTED...PLEASE DO THINK ABOUT IT :)"





# Pencil Drawings



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